

WHO DO WE SERVE

- Adults ages 18 and older
- Mental illness
- Minor criminal charges
- Behavioral Concerns
- Veterans

WHAT WE TREAT

- Psychosis/Schizophrenia
- Bipolar Disorder
- Depression
- Anxiety
- Borderline Personality
- Co-Occurring Diagnosis
- PTSD

WHAT DO WE DO

- 24/7 Supervised Support Staff
- Short/Long term care
- Crisis Intervention
- Individual/Group Counseling
- Assessments
- Medication Management
- Psychiatric Services

Next Step Behavioral Houston

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Residential Treatment for Adults 18 +
Mens and Women's location

MISSION STATEMENT

To improve the lives of our residents one day at a time through a commitment to provide quality services for all residents based on their individual needs.

OUR VISION STATEMENT

To be recognized as the best treatment facility that fosters **Hope, Healing and Growth** through the five Cs:

Customer Service, Communication, Consistency, Commitment and Compassion.



Let Next Step Behavioral Houston be
your helping hand

Our Approach

At Next Step Behavioral Houston, it is our ultimate goal to provide effective programs which prepares and encourages our residents to continue to move forward in life. We do this through an holistic approach and through evidence-based therapies.

Programs and Educational Services

- CBT, DBT and Process Groups
- Spirituality in Recovery
- Case Management
- Family Support Services
- Health and Wellness Education
- Social and Cultural Outings
- Life Skills and Coping Strategies